Reader's Digest

The 10 Most Incredible, Over-the-Top Hotels You'll Want to Put on Your Bucket List

By James Barrett I Aug. 15, 2024



Le Barthélemy Hotel & Spa, St. Barts

Le Barthélemy Hotel & Spa and Le Barth Villa Rental in St. Barts, which have

long been known for their luxury and relaxation, have taken things to a new

level with unique water-healing concepts. Elevating the idea of Nordic water

therapy, the spa's Janzu and Aquatic Tibetan Sound Healing are like nothing

you've ever experienced before. Janzu combines guided rhythmic movements

in water, while Aquatic Tibetan Sound Healing uses bowls placed on water to

transmit deep vibrational frequencies, alleviating pain, reducing anxiety and

improving overall well-being. If water isn't for you, the spa has a wide range of

offerings, from tailored massages to hydrating facials—and many of them

include luxe skin-care brand La Mer.

And, of course, there's more than just the spa at this wellness retreat. The

suites are oversized and located steps from the beach, and they all have two

stories, offering two bathrooms and an outdoor patio on both levels. Sleep with

your doors open without the worry of mosquitoes—the outdoor spaces have a

retractable screen, so you can fall asleep to the sound of the waves. From the

beach to the full food and beverage service to the breathtaking infinity pool, it

will be hard for you to tear yourself away from the property.

Rates start at: \$1,500 per night