



7 Best Caribbean Islands for Couples

Sheryl Nance Nash | August 9, 2023



St. Barths (St. Barthelemy) is one of the best Caribbean islands for couples

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Tiny St. Barths in the French West Indies is home to some of the most beautiful beaches in the Caribbean, many of them just steps from a five-star couples hotel. There's no wrong choice among the dozen or so beaches, but you should make a special effort to visit Colombier, which is well worth the half-hour trail walk required to reach it. There you can sail, jet ski, windsurf, snorkel, dive, deep sea fish, and kayak.

Situated snugly in a quiet bay, [Le Barthélemy Hotel and Spa](#) is another favorite. Go for an oceanfront suite with a private plunge pool and book a custom couples massage at Le Spa. Soak in hydrotherapy pools before setting sail on a private sunset catamaran cruise around the island. End the evening sipping cocktails and stargazing at the Whiskey Foxtrot Tango rooftop bar.