

# FAR & WIDE

## World's Most Relaxing Spa Resorts Provide Some Serious Self-Care

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Michael Gramm/Le Barthélemy Hotel & Spa

### 3. Le Barthélemy Hotel & Spa

Location: Gustavia, Saint Barthélemy

It doesn't get more luxurious than the French Caribbean paradise of St. Barts. At [Le Barthélemy Hotel & Spa](#), guests can take advantage of holistic treatments, private health coaches and yoga classes. Facilities also include a hammam, Nordic baths and a sauna. Facials use La Mer products made exclusively for the hotel's Le Spa.

You can continue your wellness experience in [Amis St. Barth](#), the onsite restaurant that provides guests with zero-waste cooking classes.