



*Take time out and reconnect with your inner self at
Le Barthélemy*



le barthélemy
HOTEL & SPA

Complete Wellness Experience, Skincare by La Mer

Care rituals by **LAMER**

Discover the healing powers of La Mer products for ultimate rejuvenation through a unique care journey designed by our spa therapists: peace and relaxation will be the watchwords of your stay.

- 1 La Mer skin care diagnostic
- 1 La Mer Ritual Excellence: body & face care ritual
 - 1 La Mer anti-aging facial massage
 - 1 La Mer energizing body wrap treatment

Water Healing

- 1 session of Atma Janzu[®] by Gregoire Bosc
Art of meditation and water transformation
- 1 session of Aquatic Tibetan Bowls[®] by Wellness & Beauty St. Barth
Inner journey guided by sound
- 1 sunrise or sunset Yoga class

Detox cuisine

Enjoy daily healthy breakfast and after-care refreshing breaks to pamper yourself. Our Chef also offers you his exclusive vegetarian recipes in our restaurant Amis St. Barth.

- In-room detox water
- Daily healthy breakfast at Amis St. Barth
- After-care refreshing break

Do not hesitate to reach out to our spa therapists before your stay to plan your care journey.

Terms & Conditions

5 nights minimum stay - Non cumulative offer
Services are non separable, non replaceable nor refundable individually
Other restrictions may apply - Black out dates may apply

Le Barthélemy Hotel & Spa
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